

# Canterbury Basketball U15, U17 and U19 Rep Readiness Camp

The following is an outline of the January Rep Readiness Camp programme and the commitment required. Please read thoroughly before registering to ensure you are willing to make the commitment to the programme.

You can register for the programme [here](#).

## Values

The CBA representative programme values Great Teammates. Great Teammates:

- Are hard workers,
- Are strong listeners,
- Work well with others,
- Have a team first mentality, and
- Have a "Next Play Mentality"

All players must demonstrate these values throughout the programme for a team and will be held to these values throughout all programmes.

## Programme Summary

This is an open programme is focused on style of play and team concepts. Sessions will comprise of situations and scrimmages.

Only players U15, U17 and U19 for 2023 are eligible.

This is targeted at players aiming to participate in rep or mainland teams for 2023 and wish to further their knowledge set in line with the [CBA style of play](#). Attendance will have no impact on selection, however, will significantly deepen players understanding of CBA's rep and development programmes values and style of play.

## Personnel

**Lead Deliverer – Benjamin Constable**

Team	Coaches
U15 Boys 1	Josh Potter
U15 Boys 2	Matt Robb, Josh Thompson
U15 Boys 3	Simon-Pierre Mbonyinshuti
U15 Boys 4	Campbell McClintock, Richard Tikolevu
U15 Girls 1	Bob Weatherford, Alice Clarkson
U15 Girls 2	Maia Williamson

U17 Boys 1	David Wong, Trey Te Awa
U17 Boys 2	Rani Hammond, Matt Vernick
U17 Girls 1	Adam Mogan, Seddon Smith
U19 Boys	Kelvin Fisher, Adam Morgan, Joe Hope-Powell

Programme Manager – Benjamin Constable [Ben@Canterbury.Basketball](mailto:Ben@Canterbury.Basketball)

Accounts Manager – Nicky Jagger [office@canterbury.basketball](mailto:office@canterbury.basketball)

## Estimated Attendance

Team	Players	Number of Groups
U15 Boys	60	4
U15 Girls	30	2
U17 Boys	40	2
U17 Girls	20	2
U19 Boys	20	2
U19 Girls	10	1

## Schedule

### U15s - St Thomas'

Wednesday January 25 <sup>th</sup> – St Thomas'			
Time	Court 1	Court 2	Classroom
9am			U15 Boys 1 & 2
10am	U15 Boys 1 – Defensive SOP	U15 Boys 2 – Defensive SOP	
11am	U15 Boys 1 – Defensive SOP	U15 Boys 2 – Defensive SOP	U15 Boys 3 & 4
Noon	U15 Boys 3 - Defensive SOP	U15 Boys 4 - Defensive SOP	
1pm	U15 Boys 3 - Defensive SOP	U15 Boys 4 - Defensive SOP	U15 Girls 1 & 2
2pm	U15 Girls 1 - Defensive SOP	U15 Girls 2 - Defensive SOP	
3pm	U15 Girls 1 - Defensive SOP	U15 Girls 2 - Defensive SOP	
4pm	Close	Close	

Thursday January 26 <sup>th</sup> - St Thomas'			
Time	Court 1	Court 2	Classroom
9am			U17 Boys 1 & 2
10am	U17 Boys 1 – Defensive SOP	U17 Boys 2 – Defensive SOP	
11am	U17 Boys 1 – Defensive SOP	U17 Boys 2 – Defensive SOP	U17 Girls 1 & 2
Noon	U17 Girls 1 - Defensive SOP	U17 Girls 2 - Defensive SOP	
1pm	U17 Girls 1 - Defensive SOP	U17 Girls 2 - Defensive SOP	U19 Men and Women
2pm	U19 Women 1 - Defensive SOP	U19 Men - Defensive SOP	
3pm	U19 Women 1 - Defensive SOP	U19 Men - Defensive SOP	
4pm	Close	Close	

Friday January 27 <sup>th</sup> - St Thomas'			
Time	Court 1	Court 2	Classroom
9am			U15 Boys 1, 2, 3 & 4
10am	U15 Boys 1 & 2 - Offensive SOP and Scrimmage	U15 Boys 3 & 4 Offensive SOP and Scrimmage	
11am	U15 Boys 1 & 2 - Offensive SOP and Scrimmage	U15 Boys 3 & 4 Offensive SOP and Scrimmage	U15 Girls and U17 Girls
Noon	U15 Girls 1 & 2 Offensive SOP and Scrimmage	U17 Girls 1 & 2 - Offensive SOP and Scrimmage	
1pm	U15 Girls 1 & 2 Offensive SOP and Scrimmage	U17 Girls 1 & 2 - Offensive SOP and Scrimmage	U17 Boys and U19 Boys
2pm	U17 Boys 1 & 2 - Offensive SOP and Scrimmage	U19 Boys 1 & 2 - Offensive SOP and Scrimmage	
3pm	U17 Boys 1 & 2 - Offensive SOP and Scrimmage	U19 Boys 1 & 2 - Offensive SOP and Scrimmage	
4pm	Close	Close	



## Clothing

### **At practices and trials:**

- Players must bring a light and dark reversible singlet. Alternatively, two separate light and dark tops.

## Cost

- The cost for the programme will be \$90
- You will be invoiced for the programme the week prior however, bank details are also below if you wish to pay earlier.

Canterbury Basketball Association, Westpac Bank, Canterbury Basketball Association,  
03 1593 0008976 000. Please reference "RR Camp"