

Supporting Coaches in Practice



CANTERBURY REGION U14 PROGRAMME

Outline

01

SETTING THE SCENE

- CBA Messages
- BBNZ Messages
- Alignment and Purpose

02

SETTING UP THE ENVIRONMENT

- Psychological Safety
- Observations
- Listening

03

REFLECTIVE CONVERSATIONS

- Ask/Tell Continuum
- Asking Powerful Questions
- GROW Model

04

REFLECTION AND GROWTH

GRIP

GROW

Thank you for your Support

Ngā mihi nui for your willingness to support others in our community!
Providing a non-judgemental community of support for our emerging coaches is crucial for the growth of our game, and the quality of experience for our tamariki and rangatahi.



Life is about perspective. You might think you're a lion...but to some people, you're a dick.



HE AHA TE MEA NUI O TE AO?
HE TANGATA, HE TANGATA, HE
TANGATA

*What is the most important thing in the world?
It is people. it is people. it is people*

MIND MAP

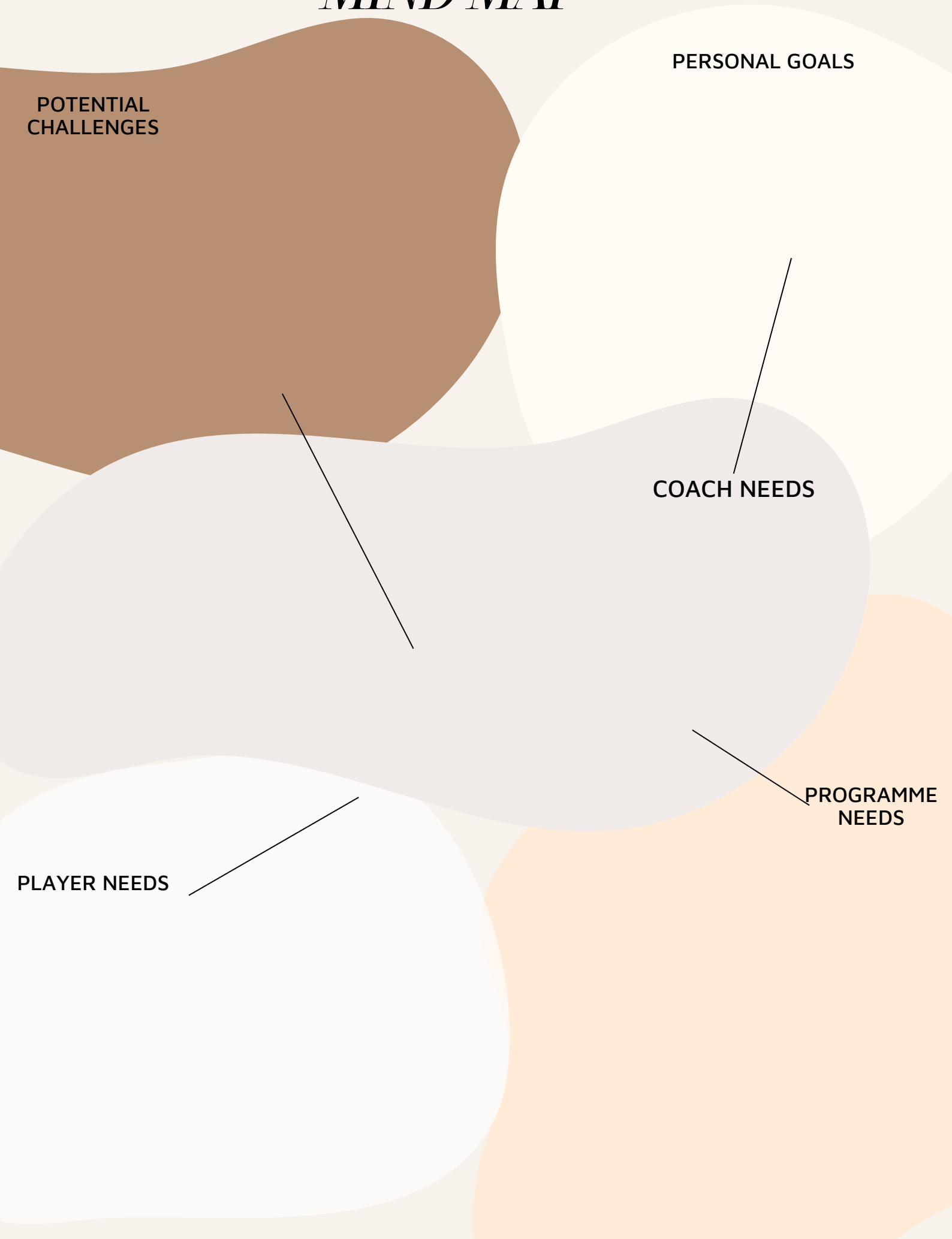
POTENTIAL
CHALLENGES

PERSONAL GOALS

COACH NEEDS

PROGRAMME
NEEDS

PLAYER NEEDS



Roadmap of Programme

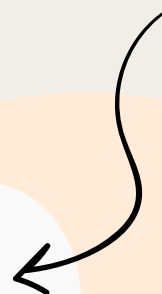
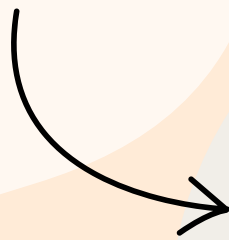
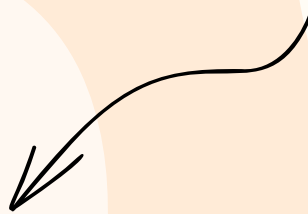
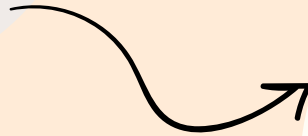
CONNECT AND ALIGN ON
THE PROGRAMME

CREATE CLARITY AND
AGREEMENT ON APPROACH

WORK ALONGSIDE COACHES

CHECK INS WITH BEN AND LORI

COACHES AND PLAYERS HAVE AN
AMAZING EXPERIENCE



Setting the Scene For Supporting Others

List key points under each area

Psychological Safety	Observations	Active Listening

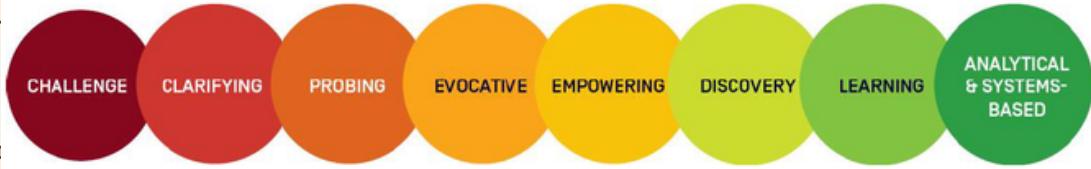


The Learning Zone Model



Reflective Discussion

Asking Powerful Questions

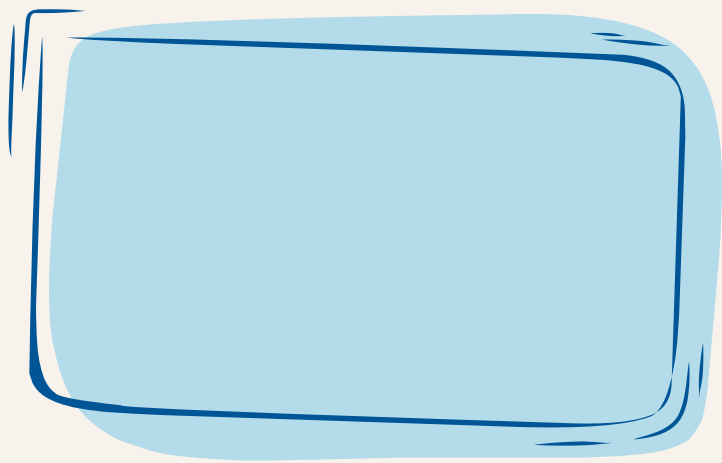


Ask/Tell Continuum

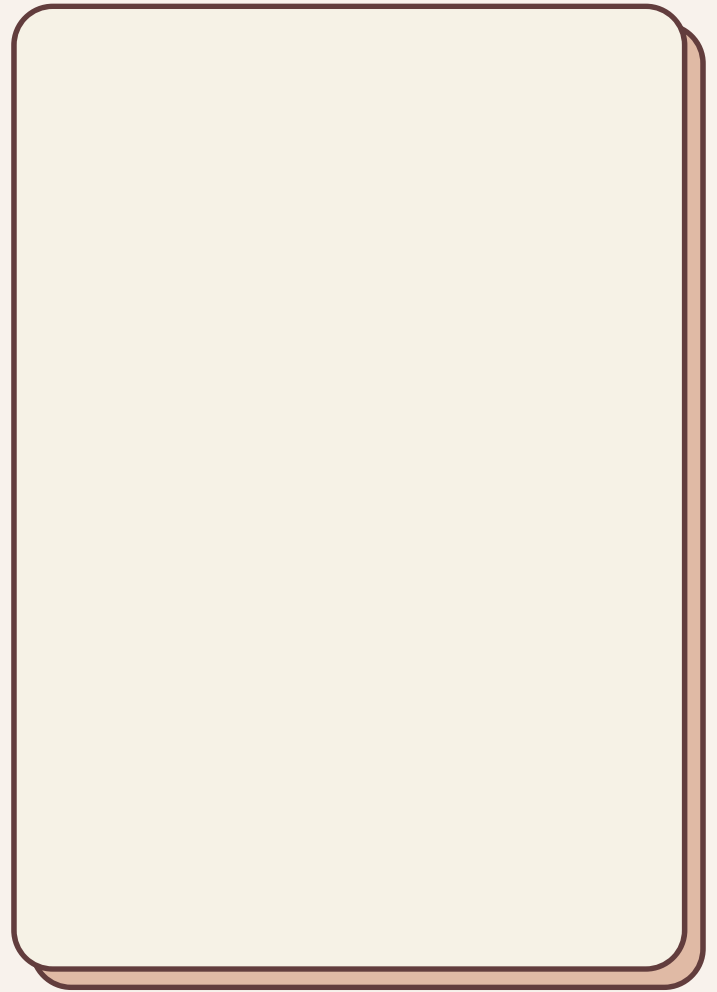
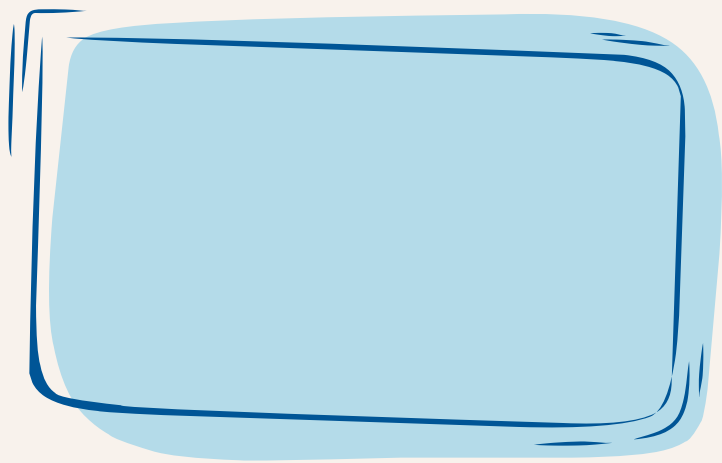
The Tell-Ask Continuum shows us a range of options we have when choosing how to interact with other people.



Key Questions or Reflections



Key Questions or Reflections



Key Questions or Reflections

